

Physical Skills

Running, Jumping & Throwing	Movement & Travel
Controlling Objects	Swimming & Aquatic Skills
Outdoor Skills Challenges	Movement to Music
Balance and Body Control	Gross & Fine motor Skills

Thinking Skills

Creativity	Resilience
Independent Learning	Desire to Improve
Decision Making & Tactics	Apply Skills & Knowledge
Confidence & Self Esteem	Predict & Judge Outcomes

Plaxtol

PE, SCHOOL SPORT & PHYSICAL ACTIVITY INTENT



Social Skills

Teamwork & Collaboration	Fair play & Honesty
Communication	Inclusion
Leadership	Empathy & Supporting others
Responsibility	Competing with & against others

Health and Wellbeing

Physical Active Habits	Personal Safety
Understanding Healthy Eating	Physical Fitness
How does the body work?	Experiences outside of regular environment
What exercise does for the body	Celebrate Success

How do we do this?-Implementation

PHYSICAL EDUCATION	SCHOOL SPORT	PHYSICAL ACTIVITY
- Structured PE timetable which allows - Fun, active lessons which engage all pupils - Child friendly learning outcomes and children understand the content - Stage appropriate activities for all pupils and all pupils make progress - Skilled staff/workforce to inspire learning - Purposeful assessment and feedback	- A range of opportunities for ALL pupils to engage with, outside of lesson time (including PP & SEND) - Access to competitions and events for all pupils - Links to wider events (i.e World Cups/Olympics/Wimbledon) - Targeted provision for those who need it - Student voice to provide relevant opportunities - Provide Pupils with exit routes to continue sport/activity out of school	- School supports 30 active minutes for all pupils through the day and supports pupils to be active at home - Embedding physical activity interventions throughout the school day - Using activity as a tool for teaching active lessons - Promoting activity at break and lunchtimes - Creating active environments across school - Supporting active travel

What do we want pupils to have learnt by the time they leave school-IMPACT.

Understand the importance of being healthy & Active
Pupils to be physically literate
Inspired to have a lifelong participation
Rounded citizens
Broad experiences in a range of activities

Personal Development-IMPACT

Character Development	Understanding Cultures
Developing Talents	Resolving Conflict
Active Citizenship	Resilience
Healthier Communities	British Values

Created in partnership with...

