

Disease (*these are notifiable diseases)	Incubation Time	Infectivity	Exclude from school	Useful information
Diarrhoea &/or vomiting			48 hours (2 days) from last episode of vomiting or diarrhoea.	
Chickenpox*		Until all vesicles have crusted over.	Until all vesicles (spots) have crusted over	Seek medical advice in particular pregnant women and vulnerable children.
Measles*	8-13 days Symptoms: Fever, sore eyes, sneezing, runny nose after 4 days the rash appears.	4 days from onset of rash.	4 days from the onset of skin rash.	Preventable by vaccination. Pink rash starts on the face and behind the ears, and then spreads over the body. After a day or two, spots join together and change to dark red. Seek medical advice in particular pregnant women and vulnerable children.
Conjunctivitis		While active (direct contact) infectious for up to 2 weeks.	None	Often gets better on its' own but may need eye drops.
Slapped Cheek Syndrome	4-20 days	Infectious before onset of rash.	None once rash has developed	Seek medical advice in particular pregnant women and vulnerable children.
Shingles	15-18 days	Up to 7 days before the appearance of any rash and up to 5 days after, until all spots are crusted.	Exclude only if the rash is weeping and cannot be covered.	Can cause chickenpox in those who are not immune. Seek medical advice in particular pregnant women and vulnerable children.
Impetigo	1-10 days	As long as septic spots are discharging pus.	Until lesions have crusted and healed or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period.
Head lice	7-10 days after being laid	From hatching until all lice have been eradicated. 9 day cycle from hatching to be able to lay eggs	None	Treatment is recommended only in cases where live lice have been seen.

Guidelines extracted from

Public Health England

**Guidance on infection control in
schools and other childcare settings**

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*Full Public Health Guidance brochure can
be found on the
Plaxtol School Website*

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**Guidelines issued from information
supplied by:**

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**Guidance on
Common Childhood
Infections
and
Diseases**



We are often asked at school how long
parents or carers should keep children at home
following the onset of an
infectious condition.

The following is a guide for the
incubation period and infectivity (times when
infectious), when it is okay for the child to attend
school or when they must be kept at home.